

VACATION CARE 2026





BOOKINGS
WWW.MYOSHC
.NET.AU

PLEASE TICK THE DAYS YOUR CHILDREN ARE ATTENDING AND PLACE ME ON YOUR FRIDGE!

MON 6th JULY TUES 7th JULY WED 8th JULY THURS 9th JULY FRI 10th JULY

INCURSION	HOMEBASE	EXCURSION	HOMEBASED	HOMEBASE
<p>AEROBICS MISSFIT Fun Fitness for all ages. From dance aerobics to high intensity interval training for older children SESSION 1.00—2.00pm</p> 	<p>PAINTING DAY Its back by popular demand .. We will have a whole day of art and craft</p> 	<p>SEA STAR INDOOR PLAYGROUND You will find ball pits and slides of all shapes and colours, its going to be a load of fun SESSION 10-12noon</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>Be here by 8.45am – Return 12:45pm. Pack Recess, lunch & 2 water bottle. my OSHC logo hat</p> </div>	<p>SPORTS DAY Energetic, inclusive, fun active teamwork</p> 	<p>GAMES DAY! Musical chairs, Chess, Connect 4, Puzzles and field games. A day to challenge your self and your friends!</p> 

MON 13th JULY TUES 14th JULY WED 15th JULY THURS 16th JULY FRI 17th JULY

INCURSION	HOMEBASE	EXCURSION	HOMEBASED	HOMEBASE
<p>BOOT CAMP MISSFIT Fun & Energetic martial arts based activities SESSION 1.00—2.00</p> 	<p>SENSORY DAY Play dough, slime for a starter. See what else we can think of?</p> 	<p>WE ROCK THE SPECTRUM Indoor playground SESSION 9.45-11.45</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>Be here by 8.30am – Return 1pm. Pack Recess, lunch & 2 water bottle. my OSHC logo hat is required</p> </div>	<p>FACE PAINTING Colourful creations, giggles galore, sparkling faced and paint filled adventure</p> 	<p>WHEELS DAY BYO Wheels (pack a helmet)</p> 

FOOD AND DRINK

Children need to bring recess, lunch and 2 water bottles every day, unless it is a day where we provide lunch. We ask families pack **TWO** water bottles for excursion days. We provide children with breakfast until 8am and a healthy fruit/ vegetable platter for afternoon tea. Additional water is freely available on Homebased and Incursion days.

SPENDING MONEY will NO! longer be accepted.

We encourage families to make healthy choices when providing food for their children. My OSHC follow the Rite Bite Easy Guide to Healthy Food and Drink Supply for South Australia Schools and Preschools. **(NO! nut products are to be packed in lunch boxes or brought into the centre. Also, NO! Fizzy drinks or drinks with caffeine are allowed.**

DRESS CODE / SUNSMART

Children are required to wear appropriate clothing. This includes comfortable shoes **(NO! thongs)** and tops with sleeves, **NO! singlets.**

SunSmart: The program enforces “Sun Smart” practices. All children must wear a Bucket or wide brimmed Hat **(NO! baseball caps)**. **‘NO HAT NO PLAY’**. All children attending excursions **MUST** have a my OSHC logo hat.

Sunscreen is provided and applied.