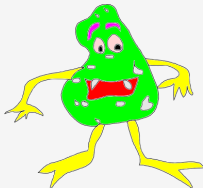









# VACATION CARE 2025

PLEASE TICK THE DAYS YOUR CHILDREN ARE ATTENDING AND PLACE ME ON YOUR FRIDGE!

MONDAY 29th SEPT <input type="checkbox"/>	TUESDAY 30th SEPT <input type="checkbox"/>	WED 1st OCT <input type="checkbox"/>	THURS 2nd OCT <input type="checkbox"/>	FRIDAY 3rd OCT <input type="checkbox"/>
HOME BASED	EXCURSION	INCURSION	EXCURSION	HOME BASED
<b>SENSORY DAY</b> Lets get creative and explore textures, sounds and creative play! 	<b>LILLIPOPS GOLDEN GROVE</b> Run, jump and climb in a fun filled play centre <b>SESSION 10-12</b> Be here by 8.45am – Return 12.45 pm. Pack Recess, lunch & water bottle.	<b>ZUMBA</b> Miss fit movement <b>SESSION 1-2.30</b> 	<b>SEA STAR CAFE</b> Back by popular demand <b>Session 10-12</b> Be here by 8.45am – Return 12.45 pm. Pack Recess, lunch & water bottle.	<b>ART and CRAFT</b> Lets get creative and see what we can make to take home! 

MONDAY 6th OCT <input type="checkbox"/>	TUESDAY 7th OCT <input type="checkbox"/>	WED 8th OCT <input type="checkbox"/>	THURS 9th OCT <input type="checkbox"/>	FRIDAY 10th OCT <input type="checkbox"/>
PUBLIC HOLIDAY	EXCURSION	INCURSION	EXCURSION	HOME BASED
<b>LABOR DAY</b> SORRY WE ARE CLOSED 	<b>HOYTS SALISBURY</b> “Bad Guys 2” Relaxing, cosy, fun, Move-time with popcorn. <b>SESSION 10-12</b> Be here by 8.45am – Return 12.45 pm. Pack Recess, lunch & water bottle.	<b>YOGA</b> Miss fit movement <b>SESSION 1-2.30</b> 	<b>SA BASE CAMP</b> An adventure like no others <b>SESSION 10-12</b> Be here by 8.45am – Return 12.45 pm. Pack Recess, lunch & water bottle.	<b>WHEELS DAY</b> Bring you own wheels and helmet 

## FOOD AND DRINK

Children need to bring recess, lunch and 2 water bottles every day, unless it is a day where we provide lunch. We ask families pack TWO water bottles for excursion days. We provide children with breakfast until 8am and a healthy fruit/ vegetable platter for afternoon tea. Additional water is freely available on Homebased and Incursion days.

## SPENDING MONEY will NO! longer be accepted.

We encourage families to make healthy choices when providing food for their children. My OSHC follow the Rite Bite Easy Guide to Healthy Food and Drink Supply for South Australia Schools and Preschools.

(NO! nut products are to be packed in lunch boxes or brought into the centre. Also, NO! Fizzy drinks or drinks with caffeine are allowed.

## DRESS CODE / SUNSMART

Children are required to wear appropriate clothing. This includes comfortable shoes (NO! thongs) and tops with sleeves, NO! singlets.

SunSmart: The program enforces “Sun Smart” practices. All children must wear a Bucket or wide brimmed Hat (NO! baseball caps). ‘NO HAT NO PLAY’. All children attending excursions MUST have a my OSHC logo hat.

Sunscreen is provided and applied.