

## **VACATION CARE 2023**



PLEASE TICK THE DAYS YOUR CHILDREN ARE ATTENDING AND PLACE ME ON YOUR FRIDGE!

**TUESDAY 16TH JULY FRIDAY 19TH JULY MONDAY 15TH JULY WED 17TH JULY THURS 18TH JULY HOMEBASE INCURSION EXCURSION INFLATABLE MOVIES INSIDEOUT 2 PAINT & PUNCH** PJ DAY! SOCCER SKILLS Popcorn, water and WITH LIZETTE **FUNHOUSE** Learn some new soccer Bring a pillow and Inside Out 2. Then join blanket to settle down skills with this mastery Inflatable slide, Create your own us in making a star of for a movie. Make your course. Then fill your basketball and soccer. painting while sipping fame and performing in afternoon with soccer own box car for a drive Challenging our peers. on punch and eating your own movie! related activities. in experience. We will enjoy a shared your own grazing SESSION 10-12 morning tea. SESSION 10-11am BYO electronics. platter! SESSION 930-330am Be here by 8:30am -Be here by 830am -Return 4pm. Return 12:30pm. Pack Recess, lunch & Pack Recess, lunch & 2 water bottle. 2 water bottle. My OSHC logo hat is My OSHC logo hat is required required

MONDAY 22ND JULY TUESDAY 23RD JULY WED 24TH JULY THURS 25TH JULY FRIDAY 26TH JULY



## FOOD AND DRINK

Children need to bring recess, lunch and 2 water bottles every day, unless it is a day where we provide lunch. We ask families pack TWO water bottles for excursion days. We provide children with breakfast until 8am and a healthy fruit/ vegetable platter for afternoon tea. Additional water is freely available on Homebased and Incursion days.

## SPENDING MONEY will NO! longer be accepted.

We encourage families to make healthy choices when providing food for their children. My OSHC follow the Rite Bite Easy Guide to Healthy Food and Drink Supply for South Australia Schools and Preschools.

(NO! nut products are to be packed in lunch boxes or brought into the centre. Also, NO! Fizzy drinks or drinks with caffeine are allowed.



Monday to Thursday: 7am - 6pm.

Fridays: 7am - 5pm.

0402 737 051 | www.myoshc.net.au

## DRESS CODE / SUNSMART

Children are required to wear appropriate clothing. This includes comfortable shoes (NO! thongs) and tops with sleeves, NO! singlets.

SunSmart: The program enforces "Sun Smart" practices. All children must wear a Bucket or wide brimmed Hat (NO! baseball caps). 'NO HAT NO PLAY'. All children attending excursions MUST have a my OSHC logo hat.

Sunscreen is provided and applied.